



Feb 2006, Issue 7

## **CARB-ORATORS TOASTMASTERS CLUB #4837**

AREA 44 \* Division D \* District 39 \* Region 1

FEBRUARY 2006 NEWSLETTER

### **CLUB MEMBER ACHIEVEMENTS**

Congratulations to Kamal Ahuja (Stationary Source Division), Bill Dean (Research Division), and Elliot Mulberg (Planning and Technical Support Division) for completing their Competent Toastmaster (CTM) certification, the completion of ten speeches emphasizing the various aspects of good public speaking. Also, congratulations to Hafizur Chowdhury (Stationary Source Division) for completing the Advanced Toastmaster Bronze (ATM-B) certification, and to Scott Fruin (Research Division) for completing the Advanced Toastmaster Silver (ATM-S) certification, involving specialized aspects of speaking. Each ATM award required completion of two specialized manuals of five speeches each.

### **CLUB ACHIEVEMENTS**

CARB-Orators has achieved the Presidents Distinguished Club award, the highest possible club honor, for the last three years. This year we are on track for our fourth time in a row. By meeting goals in areas such as new members, personal achievement, and officer training we will show that we are one of the top clubs. The President's Distinguished Club award is an award that typically achieved by only 15% of Toastmaster clubs in any given year.

### **AREA COMPETITIONS**

CARB-Orators continued their strong finishes in regional speech competitions. **Scott Fruin** won the club's Humorous Speech contest with his speech titled "Flat, Round, and Smooth." a speech about finding a mate? Scott, also gave a strong performance at the Area 44 contest, but did not place in the top two advancing positions. **Dar Mims** (Planning and Technical Support Division) finished second in the club's Table Topics contest to **Tina Suarez-Murias**. In this competition, contestants have one to two minutes to speak extemporaneously in response to a question on a topic which is not revealed to them until the question is asked. For the CARBOrators club competition, the question was "If I could change?" Dar gave a strong performance at the Area 44 contest by placing second there also. Hopefully, will have the video in the spring. Congratulations to Scott and Dar for their fine performances! Last time around, **La Ronda Bowen-Fruin** finished in first place in the club's Humorous Speech category with her speech titled "The Most Reflective City in America" a speech about male baldness and what to do about it. La Ronda went on to win 2<sup>nd</sup> place in the Toastmasters International Area 44 contest with this speech,

### **NEW MEMBERS**

CARB-Orators welcomes new members **Dave Mehl** (Stationary Source Division) of ARB, **Parvin Sadeghi** (Future Lawyer), **Jorn Herner**, **Tao Huai**, and **Kathleen Kozawa** (Research Division) of ARB, **Toru Okamoto** and **Jenny Chin** (State Water Resources Control Board), and **Bok Chung Jung** (Planning and Technical Support Division) of ARB. Welcome!

### **OFFICERS**

CARB-Orator officers for the 2005-2006 year are: **Relly Briones**, Sergeant-of-Arms and Scheduler; **Bill Dean**, Vice President of Education; **Todd Sterling**, President; **Adriana Moncada**, Vice President of Public Relations; **Elliot Mulberg**, Treasurer; **Phillip Isorena**, Secretary; and **Dar Mims**, Vice President of Membership. Please see any of them if you have any questions about Toastmasters.

**VISITORS ALWAYS WELCOME:** CARB-Orators invites you to visit one of our dynamic meetings and see how members learn to speak more clearly and concisely in a supportive and friendly environment. Join us on Tuesdays, 12-1 p.m., in Conference Room 720 on the 7<sup>th</sup> floor, 1001 I Street. Membership is open to all—you don't have to work for CARB to join us!

For more information, please contact Dar Mims, VP Membership, at 322-7452 or Todd Sterling, President, at 445-1034.